

7. Listening to God and to Others

- Praying for spiritual discernment between good and evil
- Recognising the fight against principalities and powers
- When listening to God and others, a heart always open to God's direction, calling and leading

8. Praying for God's Will in God's World

- Openness and willingness for God to take us where the Spirit leads
- We desire to make God visible by our life and actions
- Cultivate an inner silence

9. Pursuing Unity in Diversity in the Church and the World

- Where possible, seek restitution when there is

division within the Church, whether caused by us or others

- Consider other Christians, regardless of denomination, as 'pilgrims' together
- Where there is disagreement, seek a common ground of unity

10. Sharing Jesus and Justice

- Sharing our faith with a heart of love for those estranged from Christ
- Speaking out for the poor, powerless and against injustice and dialogue with those in places of authority and influence to bring healing

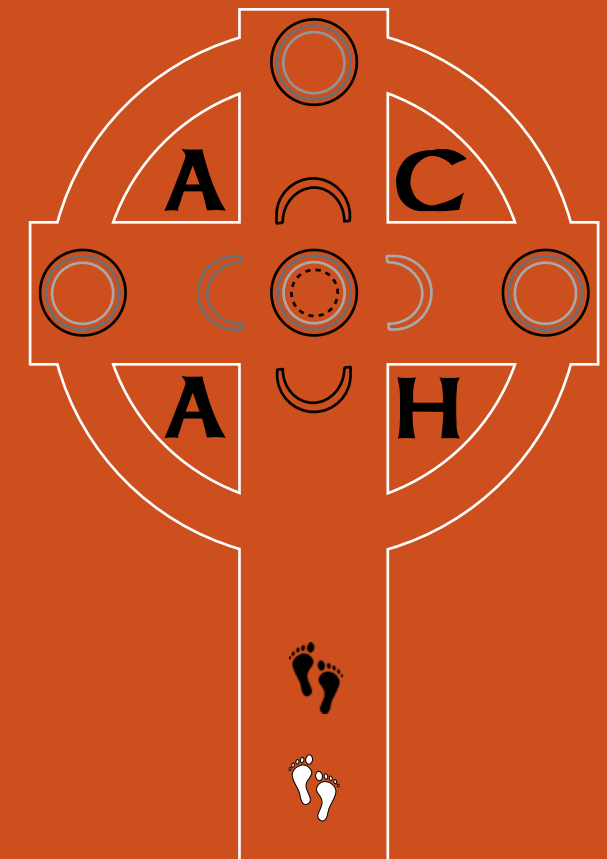
For further information see our Australian website: aidanandhilda-au.org or contact:

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Australian Community of Aidan & Hilda

A Brief Outline of Three Life-giving Principles and the Ten Practices



A Dispersed Monastic Community in Australia

Image by kalexander73 from Pixabay



Three Life-giving Principles

Our Community has a commitment to three life-giving principles. These principles draw us deeper into a loving relationship with God

Simplicity

As we remove our complexities of faith and living, we experience more of the generosity from God in all aspects of our lives

Purity

As we seek purity of mind, heart and emotions according to His word, we discover more of the love of God

Obedience

As we face life's difficulties in obeying His way, we find inner transformation to live in peace with God's creation

Ten Practices (Waymarks)

The ten practices (Waymarks) are like signposts that help us choose our path through life

1. Life-long Learning

- Learning about God's word through Bible reading, daily devotions or meditation
- Study of church history including Australia and the lifestyles of Desert Fathers/Mothers and Celtic monks
- Memorising the Scripture
- Learning through creative arts
- Living what we learn through Scripture and life

2. Spiritual Journey with a Soul Friend

- Finding a soul friend to accompany us on our spiritual journey, who helps us discover the workings of the Holy Spirit in and through us
- Regular meeting with soul friend

3. A Rhythm of Prayer, Work, Recreation:

Prayer

- Using daily patterns of worship
- Discovering new and creative ways of praying with a spirit of thankfulness
- Seeing the gifts of God in prayer
- Creating resting places and retreats for study, quiet and reflection

Work

- A gift from God

- Paid employment, routine activities of life or voluntary service
- Resist pressure to over-work which robs ourselves, others and God

Recreation

- Rest
- Holy and creative
- As valuable as work and prayer

4. Simple, Hospitable Life-style

- Accept others with no prejudices, judgements or a desire to change them. Only to love them
- Rejoice daily in God's gifts while freely sharing them with others through giving and hospitality
- Continue a process of decluttering internally and externally
- Continual reflection on ways to change to simpler lifestyle

5. Care for Creation

- Awareness of God all around us and more conscious of the sacredness of nature
- Celebrate, bless and walk with God through His creation

6. Healing what is Broken in Ourselves, Others, Communities, the World

- A heart of restoration to a broken world
- Lay hands on the sick and pray for healing
- Seek wholeness in Christ
- Healing the land by studying the history of our place. Celebrating the good, remembering the injustices, and changing our behaviour accordingly.

